for Clinicians
Frequently Asked Questions (FAQ)

Requirements and Application

Who can apply?

Clinician providing mental health care who has been serving the Latinx community in Baltimore City (primary care physician, social worker, mental health therapist, etc.).

I am serving mainly other population in Baltimore City, but I do have Latinx patients. May I still apply?

Yes. Applicants must demonstrate the need for the training to support Latinx adult patients in their practice. Applicants must have a caseload of at least 3 patients.

What do I have to submit in my application?

1. Your selection of courses/trainings (applicant can pick more than one option provided or choose one of their preference).
2. A statement describing how the skills and knowledge obtained from the courses/training(s) selected will benefit the mental health of uninsured/underinsured Latinx adults in Baltimore City.
3. Budget describing how you would plan to use the $2500 for the training and the $1000 for programming to improve the mental health of uninsured/underinsured Latinx adults in Baltimore City.
4. A letter of recommendation from a colleague clinician in the practice.

What if I am interested in a training that is not listed in the application. May I choose another one?

Yes. In **Option 5** you can write in the name of a workshop/course that is not listed. This can be anything relevant to your practice for example CBT, Substance Use Disorder training, etc. The range of workshops can be from trainings to strengthen culturally competency, quality of care, to mental health clinical care. Please note that applicant will be responsible for contacting the institution to arrange the registration.

Where do I ask questions?

For questions, please email: centrosolmh@jhmi.edu.

Do I have to speak Spanish or be a Latinx clinician to apply?

No. To apply for the program, you have to neither be a Spanish speaker nor be Latinx/Hispanic. In fact, we welcome clinicians from all walks of life to apply for the MHAP to help promote equity and opportunity to mental health care access among the Latinx patients in your practice.

Do I need to register for courses before I apply?

No. It is not required to register before submitting your application for the MHAP. However, understanding registration deadlines for courses might help guide you through your SMART goals and scope of work. Also, keep in mind many of these trainings fill up a head of time.

Why do I have to provide a description of application of skills from all trainings?

The description might help guide you to the plan of programming and the best use of the knowledge in practice. We encourage applicants to think about how they can increase the access to mental health opportunities/ services for Latinx in their practice.

What if I don't know what program I can implement after taking my trainings?

We understand that designing and implementing a program can be a challenge. It could be difficult to plan to implement the new skills before taking the trainings/courses. However, we encourage you to write the first plan of the program on base of your current experience and knowledge about the Latinx community in Baltimore City. You will be allowed to submit a revised plan after finishing the trainings.

You can ask yourself these questions to help you figure out a strategic plan:

- o What is the need in mental health for Latinx adults in Baltimore that needs to be addressed/fixed?
- o What do I wish I knew that could help me address these needs in my practice?
- o Is there an existing part in my practice that I can leverage by adding the skills I will gain after completing my courses/trainings?

Working backwards might help you understand the need that you are trying to address and better help you draft a plan. It also helps to talk to other colleagues in your field, or a mentor to brainstorm together.

Can I apply for only the training ($2,500) or programming ($1,000) as part of the grant?

No. It is not possible for applicants to apply to only one or another part of the scholarship. Every applicant must submit a selection of training(s) and an intended implementation plan. Applicants are not obligated to submit proposals that max out the funds offered ($2,500 for training and $1,000 for implementation). However, in your plan you can include expenses that will allow you to attend the training. The funds are not solely to be used for a course; it can also be used to facilitate your ability to attend a training.

Is the caseload mandatory?

Yes. The caseload is mandatory.

Funding

How much is the scholarship?

The scholarship offers up to $2500 to support your training. **Plus, an additional $1000 for implementation** to deliver the skills from the training completed as part of this award.

What does the funding cover?

The fund covers the costs of courses/trainings: max.$ 2,500 (here you can also include expenses that allows you to attend the training) and cost of programming: max $ 1,000. If your budget

exceeds the maximum award amount of $2,500 for the cost of training and $1,000 for the cost for programming, Centro SOL reserves the right to not cover the additional expenses.

How do I receive the scholarship?

Awardees will be reimbursed the entire cost of the training for up to $2500 and up to $1000 for costs of program delivery. We ask that you keep all copies of receipts, proof of payments, and invoices. This documentation will be important to receive reimbursement.

Implementation

What should I do if my program changes after I complete the course?

After completing your courses/training(s), you might find that your new skills could be more difficult to implement than planned. We recognize these challenges, and in this case, you will be allowed to submit a revised plan.

How many people do I need to serve?

We are not looking for a specific number of people served. We understand that every plan will be different. However, we will be looking at the statements, SMART goals, and budget to determine the ambition and feasibility that the applicant is considering for their program delivery.

Reporting

When do I have to submit the report?

Reports will be submitted to the Mental Health Stakeholder Network and Centro SOL's executive director. Detailed instructions will be provided to awardees.

Is there a template for the report?

Detailed instructions will be provided to awardees.

Is it mandatory to present program implementation process and results?

Yes, we are asking awardees to present their program implementation process and results because we hope to learn about the impact that is created when organizations invest in the empowerment of clinicals workers. This way, Centro SOL can advocate to other institution leaders and government officials that they must create opportunities alike in other marginalized and disenfranchised communities in Maryland and the country.