



Equity.Health.Opportunity.

Hand in hand with the community, we strive for equity in health and opportunity for all Latinos



Centro SOL



EQUITY. HEALTH. OPPORTUNITY.

The team



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Social Worker

OUR VISION

Health and opportunity for all
Latinos

Contact Us



JHCENTROSOL.ORG



[JHCENTROSOL](https://www.youtube.com/JHCENTROSOL)

Johns Hopkins Centro SOL

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Mission

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To create opportunities for wellness and achieve equity in health, hand in hand with our Latino neighbors.

GOALS

To develop innovative **clinical** programs that pay tribute to the unique cultural, language, and psychosocial assets of Latino populations.

To promote **community** engagement and include Latino voices in clinical care, education, scholarship, and advocacy.

To translate **research** to practice, programs and policy that improve the lives of Latinos.

To train health professionals to provide care and conduct research that is **culturally competent** and responds to the needs expressed by the community.

To mentor the **next generation** of Latino health professionals, and instill in them a commitment for the well-being of their community.

Message from the Directors

Dear Friends and Partners:

The report below is a tribute to your contribution to Centro SOL. Thank you for your confidence when we established the Center in 2014. Fueled by the energy and enthusiasm of our Latino neighbors who guide and motivate our work, we have been busy.

As a new destination city, Baltimore has welcomed tens of thousands of Latino men, women, and children over the last decade. In Baltimore, Latinos have formed new families and contributed to the economic growth of our city. In an era of limited resources, the needs of the Latino community are sometimes presented as competing with the needs of others. We firmly believe that we must not compete, but rather, stand together. United in the knowledge that many communities share common goals, we must advocate for equity while acknowledging that the best means of achieving our goal may vary. Centro SOL needs a broad constituency of diverse voices and perspectives to guide our advocacy and service. We welcome your suggestions and thoughts as we move forward.

The work presented in this report is the joint effort of many. We hope to leverage the momentum we have built so far to grow, set new goals, and exceed our own expectations.

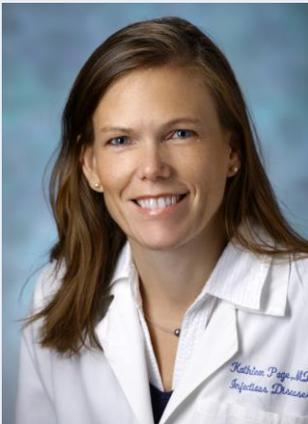
Thank you,



Kathleen Page, MD
Associate Professor, Infectious Disease



Sarah Polk, MD
Assistant Professor, Pediatrics



Kathleen Page, MD



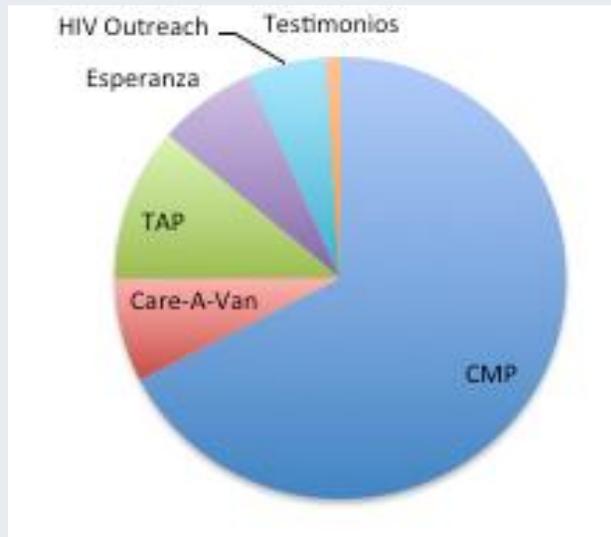
Sarah Polk, MD

” In Baltimore, Latinos have formed new families and contributed to the economic growth of our city. We firmly believe that we must not compete, but rather, stand together

Impact

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More than 17,000 Latino Patients
Received Clinical Care



Clinical care

Objective: To increase and enhance clinical programs for the Latino community

❖ Bayview Children's Medical Practice

In 2015, served **11,979** Latino children, 10% increase since 2014.

❖ Bayview Care-A-Van

In 2015, served **1347** Latinos, a 40% increase since 2014.

❖ The Access Partnership

Since it was established, TAP has provided specialty care to **over 2000** uninsured Latino adults and children at the Johns Hopkins Hospital

❖ Esperanza Center

A new partnership between Esperanza Center and Centro SOL under the leadership of Dr. Kathryn Kline expanded access to primary care for undocumented Latinos and improved its health outcomes in diabetes and hypertension. Since July 2015, **1263 uninsured Latino patients** have received care at Esperanza Center. Improved clinical outcomes include improved glucose control among diabetic patients, increased detection and treatment of *H. pylori*, latent tuberculosis, and HIV infection. 85 outpatient procedures performed on site.

Clinical care (continued)



” *Grain by grain one fills the vase...so little by little it can get better....before we had neither voice nor vote...and now we have the opportunity.*

Mother from the Latino Family Advisory Board

” *Being part of this group has improved my life. Learning about Centro SOL is helping me and my family.*

Participant of Testimonios

❖ **Mental Health- Testimonios and Teen Testimonios**

An innovative mental health service model for Latino immigrants with weekly support group sessions conducted completely in Spanish in the community and in schools. In 2015, **165 adults** participated in **Testimonios**. **24 unaccompanied minors** from four Baltimore City Public Schools participated in **Teen Testimonios**.

❖ **HIV Services**

In 2015, the Latino Outreach program provided free HIV tests to over **1000 Latinos** living in Baltimore. A linkage and retention program led by a Latina outreach worker improved HIV treatment outcomes. Spanish language HIV education videos were produced in Baltimore

❖ **Latino Family Advisory Board**

Latino families met monthly to make recommendations and advocate for better healthcare services for the community. The Advisory Board has **18 members**, parents representing their children, patients at the Bayview Children's Medical Practice.

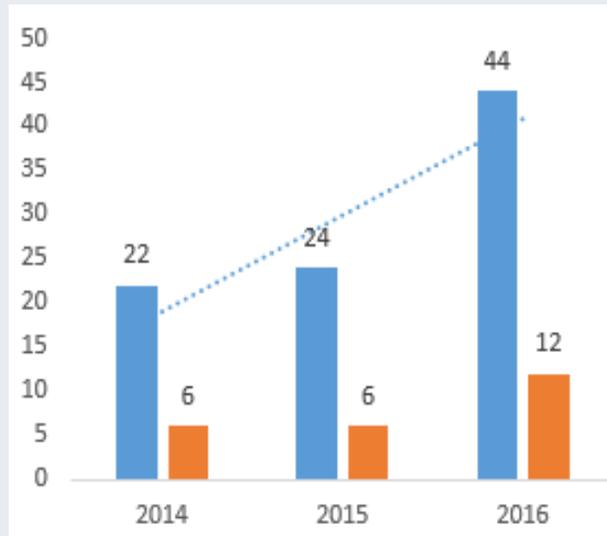
Education

Impact



Summer Youth Program

Programa de Verano para Jóvenes



■ #Applications

■ #Selected students

Objectives:

- ✓ To increase the number of Latino youth exposed to medical and STEM careers
- ✓ To increase the number of research opportunities at Johns Hopkins for Latino students
- ✓ To create forums for the exchange of knowledge between the community, service providers, trainees, and educators



Education (continued)

Impact

...

” *I have been accepted in five out of six colleges where I applied. Thank you for giving me the opportunity of being a Centro SOL scholar, I learned what I want to become when I grow up: a doctor.*

Jennifer López, Centro SOL Summer Scholar



” *I don't feel the knee pain I used to have for a long time. Exercising is helping me, and I also losing weight.*

Participant, Embajadores de Salud

❖ Youth Summer Program

Since 2014, six bilingual Latino students are selected each year through a competitive application process to participate in a 5-week internship at Hopkins which provides meaningful opportunities to work with Johns Hopkins School of Medicine faculty in research projects and clinical settings that serve Latino patients with limited-English proficiency.

❖ Embajadores de Salud

Since the program inception in summer 2013, it offers health education and wellness activities to Spanish speaking population. Topics include hypertension and diabetes inspired by the “My heart, my life” curriculum developed by the National Institute of Health. Weekly sessions host 25 to 40 (80% women and 20%men) adults and their children.

❖ Diabetes Prevention

The Diabetes Prevention program was created in 2016 to address the increasing numbers of Latinos diagnosed with type 2 diabetes. Using a Center for Control Disease and Prevention curriculum, this program is offered as a lifestyle-change initiative with weekly sessions during one year, and includes “charlas” presentations in Spanish and physical activity.



Education (continued)

❖ Summer Lectures

Health presentations by JHU faculty and trainees are held at community settings focused on topics selected by the community. In 2015, **16 lectures** were provided in topics including hypertension, diabetes, STDs, substance abuse, cardiovascular disease and mental health, with an overall attendance of 40 participants.

❖ Annual Health Fair and Community Events

In collaboration with faculty, residents, students, and community organizations, Centro SOL organizes since 2015, an Annual Health Fair to promote disease prevention awareness, distribute community health resources available for uninsured individuals, and empower the community. In 2016, the event hosted **300 adults** (not including their children), 12 providers, and 30 volunteers mostly students from JHU School of Medicine, School of Nursing and Bloomberg School of Public Health. In 2015, Centro SOL participated in **52 community events**, and directly organized 16 of them, serving more than 2200 individuals.

Impact



Community Outreach 2015

52 Community Fairs

2200 individuals served



” *Community Outreach is a commitment to serve, and work hand in hand with our neighbors.*

Mónica Guerrero-Vázquez
Program Manager, Centro SOL

Education (continued)

Impact ...

Latino Youth: A Glimpse into Baltimore's Future



Exel Estrada, an unaccompanied minor and junior at the Patterson High gave a moving speech “Me here, and me in Guatemala” at the Latino Health conference

❖ **Latino Health Conference**

In 2015, Centro SOL in partnership with the Urban Health Institute presented the first Latino Health Conference themed “Land of Opportunity? Latino Immigrants and the Affordable Care Act (ACA).” In 2016, the second annual conference was held at the Creative Alliance titled “Latino Youth: A Glimpse into Baltimore's Future.”

Latino Health Conference 2016

150 attendees

30 organizations represented

20 speakers and panelist

Topics: mental health, education,
and teen pregnancy prevention

❖ **Latino Health Presentations**

In 2015, Centro SOL faculty and staff gave more than 40 presentations at the Johns Hopkins School of Medicine, School of Nursing, and Bloomberg School of Public Health on topics of Latino health, including cultural competency, access to care, and health disparities

Impact

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Centro SOL Research Scholar



Doris Valenzuela Araujo, Inaugural Centro SOL Research Scholar 2015-2016

Doris is a native of Mexico and came to Baltimore via Portland. As a Centro SOL Research Scholar she participated in several studies focused on Latino maternal and child health. She graduated from Johns Hopkins University in 2014 and will start medical school at Oregon Health Sciences University in the Fall. Doris has set a high standard of excellence in research and caring and devotion to the families we serve. We look forward to her bright future.

Research

Objectives:

- ✓ To increase the number of research projects conducted at Hopkins that successfully include the Latino population
- ✓ To disseminate research findings to the community, stakeholders, and scholars
- ✓ To discover novel approaches to enhance the wellbeing and health of the Latino community

Research (continued)



”I enjoyed learning about the support that is offered at the clinic in Spanish, and that I am not alone in caring for my baby. Sometimes we [mothers] feel alone and don’t know what to do, but now I know that I can always call with questions and someone will help me.

Salud al Día study participant

❖ Research Consultation Services

This program assists Johns Hopkins researchers in conducting high quality health research inclusive of Latino populations, especially those with limited English proficiency (LEP). Researchers are given assistance with preliminary data for grant proposals, IRB process, access to translations and interpretation services, recruitment, and dissemination and community engagement. In 2015, 14 consultations were provided, and support was provided to more than 15 research projects targeting Latinos.

❖ Centro SOL Seed Grants

This program was created with support from the Urban Health Institute to promote research in Latino health among faculty and students. Selected from eight applications, three were awarded to conduct projects focused on hypertension, mental health, and cardiovascular disease among Latinos.

Research (continued)

Examples of Centro SOL Faculty Research:

❖ **Salud al Día**

This study integrates text messages and educational video components to address key gaps in the health care system knowledge, and promote the participation of Latino parents in healthcare. Funded by the Moore Foundation. PI: Lisa DeCamp

❖ **Project Connect Baltimore**

We designed, implemented and evaluated a male-friendly and culturally appropriate for increasing access to and use of human immunodeficiency virus (HIV)/sexually transmitted disease (STD) testing and sexual/reproductive healthcare (SRHC) among African American and Latino males. Funder: CDC. PI: Arik Marcell

For more information go to: <http://y2connect.org/es/>



Salud al Día: The study presents educational videos to the participants.



Project Connect: Improving access to sexual and reproductive health services for Latino youth

Research (continued)

❖ ¡Vive! mHealth for HIV testing among Latino men

In consultation with Latino men and in collaboration with the Maryland Institute College of Art, we developed video modules that can be delivered through cell phones to Latino males at risk for HIV. Funder: NIH. PI: Kathleen Page

❖ Latina Immigrant Sex Work in Baltimore

We conducted thirty in depth interviews with Latina sex workers and their clients to inform best practice approaches for serving this vulnerable population. Funder: NIH. Co-PIs: Kathleen Page and Suzanne Grieb

❖ ¡Adelante! Reducing HIV Stigma among Latinos

In this project we are leveraging Latino immigrant social networks to reduce HIV-related stigma in the community. Funder: NIH. PI: Suzanne Grieb

❖ Bridging the Postpartum Gap: Mommy and Me Transitional Care

A parallel arm pilot randomized controlled trial to determine the effect of a co-located, co-timed 4-6 week OB/GYN and pediatrician visit for mommy and baby compared with usual care on post-partum visit attendance. Funder: Primary Care Consortium, Charlesmead Foundation, JHHC. PIs: Sarah Polk and Wendy Bennett.



Accomplishments

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2015 Awards

Rheanna Platt, MD, MPH

National Institutes of Health KL2 Award for
“Pediatric primary care as a venue for
family mental health promotion-
perspectives from Baltimore City”

Tina Cheng, MD, MPH

Vice Dean’s Award for the Advancement
of Women
Trailblazer Award

Flor Giusti

Inspired to Inspire Champions & Visionaires,
Baltimore City Mayor’s Office

Andrew White

JHU Medical Student
Co-Chair of Embajadores de Salud
Mayor’s Hispanic Heritage Award,
Volunteer

José Dominguez

Centro SOL Summer Student Mayor’s
Hispanic Heritage Award

Advocacy

Objectives:

- ✓ *To improve access to quality care for Latinos, especially those who are undocumented and “uninsurable”*
- ✓ *To improve culturally and linguistically competent care at Hopkins*
- ✓ *To propose health policies that are inclusive, regardless of immigration status*

Advocacy (continued)

Impact



Isabel Fernández
Baltimore Corps Fellow

Isabel is originally from Mexico and has been working at Centro SOL helping mixed-immigration status families enroll their U.S.-born children in health insurance. Since January 2016, she has assisted 221 children and enrolled 17 women in emergency Medicaid

- ❖ **Guide for enrolling U.S.-born children of immigrant parents into Medicaid**
- ❖ **Implementation of MyChart in Spanish**
- ❖ **After Visit Summary translated to Spanish**

❖ Latino Health Policy Workgroup

Led by Dr. Joshua Sharfstein, Vice Dean of the Bloomberg School of Public Health and previous Maryland Secretary of Health, this group works with healthcare providers and administrators, public health and policy experts, and community partners to make policy recommendations aimed at improving equity for Latinos at the local, state, and national level.

❖ Quality and Safety/Access Workgroup

Our goal is to improve access to language services for patients with limited English proficiency, and establish a platform to oversee quality improvement in cultural and linguistic competence throughout Hopkins. In 2016, the Spanish My-Chart was implemented, and the Spanish After Visit Summary (AVS) was piloted at several clinics. The Spanish AVS will be available across Johns Hopkins in the Fall of 2016.

❖ Media

Centro SOL faculty and staff contribute to a monthly “Ask the Doctor” column in the free Spanish-language newspaper “Latino Opinion” and participate in a monthly health program at the CBS El Zol Radio Station which serves the Maryland, DC, and Virginia

Carcinoma de células basales



Partners



Baltimore Corps

Latino Providers Network

Faith organizations

CASA of Maryland

Esperanza Center

Baltimore City Mayor's
Office of Multicultural and
Immigration Affairs

U.S. Hispanic Youth
Education and
Entrepreneurship

Healthy Community
Partnership

Johns Hopkins Medicine
TAP

Urban Health Institute

Bienestar Students

LMSA

ElZol Radio Station

Latino Opinion Newspaper

And more

¡Gracias!

Time flies when you're having fun.

We could not have come this far without the support of our funders, and the tireless energy of our Latino patients, friends and neighbors who are passionate about creating opportunities and promoting health for all.

There is still a lot of work to do, but every great journey begins with a step. We sincerely hope that you will join us for a long walk.

jhcentrosol.org/about/partners/

Funders



The Straus Foundation

Johns Hopkins Center
for Innovation in
Medicine

Johns Hopkins
Medicine

Driskill Foundation

Hirshhorn Foundation

Morton K. and Jane
Blaustein Foundation

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programs email centrosol@jhmi.edu . We
currently have over 600 subscribers!

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Let us know what your availability is and what is
your program of interest, and we will make sure
to match. Speakers, trainers, mentors are always
a big need.

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